

Emergency First Aid at Work Level 3 (VTQ) qualification (EFAW) is ideal for businesses with a relatively low number of employees on-site, especially in low-risk environments. This qualification covers all the core competencies outlined by the HSE, making it an acceptable workplace first aid certification. Completing this course qualifies you to be an appointed first aider in the workplace. It meets HSE workplace first aid requirements and aligns with the latest UK Resuscitation Council guidelines.

The SIA accepts this training certificate for those seeking employment in the door supervision and security guard sectors. All our first aid courses fully comply with the latest UK and European Resuscitation Council Guidelines as required by the HSE. ProTrainings Vocational Training Qualifications (VTQ) are fully recognised by the HSE as Trade Body Qualifications. This course requires a minimum of 6 contact hours, conducted over at least 1 day, and the certificate is valid for 3 years.

As of May 2016, the HSE and Awarding Organisations allow computer-based blended training for all workplace first aid courses. ProTrainings now offers the option to complete your Emergency First Aid at Work course as a blended course, which includes 3 hours of online training followed by 3 hours in the classroom. Our blended training allows you to learn the theory at your own pace, with one-on-one instruction at a time that suits you. The blended EFAW course meets all HSE and Awarding Organisation requirements and is available as either a ProTrainings or Regulated Qualification.

To renew, you need to attend another EFAW 6-hour course or complete the blended course online and in the classroom. This qualification is recognised in England, Wales, Scotland, and Northern Ireland, as well as in many other countries. The HSE strongly recommends that all first

aiders complete an annual first aid refresher course, and our online course meets this requirement.

Please note that learners taking a ProTrainings course have the option to choose a regulated qualification. Also, be advised that the classroom course has a minimum age requirement of 14.

The content of this and all our courses has been independently certified as conforming to universally accepted Continuous Professional Development (CPD) guidelines and come with a Certified CPD Statement as well as a ProTrainings Certificate and for online courses an Evidence Based Learning statement.



The person named below has successfully completed

Emergency First Aid at Work L3 (VTQ)

SAMPLE STUDENT

**In compliance with Health & Safety (First Aid) Regulations (1981)
Delivered in Accordance with Currently Accepted First Aid Practice**

Course Completed On: 03 Dec 2024

Certificate valid for 3 years and annual refresher training is
recommended by the HSE on:

1st Update: December 2025 2nd Update: December 2026

Retake this course before: 02 December 2027

Certificate No. 00EXAMPLE00

Instructor: Keith Sleightholm

Instructor No. 82011

Validate Cert



Signed K. Sleightholm
Training Director

ProTrainings Europe Ltd

ProTrainings Approved Centre 1000

Training Contact No. 01206805359

ProTrainings - An Industry Body for First Aid Training

