

Level 2 Award in Cardiopulmonary Resuscitation (CPR) and Automated External Defibrillation (AED) is designed to equip learners with the necessary skills, knowledge, and understanding for effective CPR and safe use of an AED. This qualification enables trained providers to deliver lifesaving first aid care using an AED, following the BLS/AED algorithm and adhering to AED use principles and responsibilities.

The ProTrainings Basic Life Support courses meet all required learning outcomes and align with the Skills for Health UK Core Skills Training Framework (UK-CSTF), covering both adult and paediatric patient care at Level 2. Endorsed by Skills for Care, the course complies with the Resuscitation Council (UK) guidelines for adult and paediatric CPR basic life support (BLS).

This course encompasses Basic Life Support skills for adults, children, and infants, including healthcare variations for infant CPR. Topics include safety precautions, initial assessment, recovery position, CPR, compression-only CPR, CPR handover, and choking management. It is ideal for nurses, care workers, and medical professionals needing annual updates for professional membership. While suitable as an online-only course, it can also be offered in a blended format with a practice session through our network of approved instructors.

AED training is a crucial component of this course, given the increasing availability of AED units in communities and workplaces. With minimal training, these devices can significantly improve the survival chances of cardiac arrest victims. If you have completed other first aid courses, you will appreciate the importance of prompt AED use, making this course an excellent next step to enhance your skills.

All our first aid courses fully comply with the latest UK and European Resuscitation Council Guidelines, meeting HSE requirements.

The content of this and all our courses has been independently certified as conforming to universally accepted Continuous Professional Development (CPD) guidelines and come with a Certified CPD Statement as well as a ProTrainings Certificate and for online courses an Evidence Based Learning statement.



The person named below has successfully completed
CPR/BLS and AED Level 2 (VTQ)

SAMPLE STUDENT

**Meets the UK Resus guidelines 2021 including practical assessment
Meets Currently Accepted First Aid Practice aligned to UK-CSTF**

Course Completed On: 11 Jan 2024

Certificate valid for 1 year

Retake this course before: 10 January 2025

Certificate No. 00EXAMPLE00

Instructor: Keith Sleightholm

Instructor No. 82011

Validate Cert



Signed K. Sleightholm
Training Director

ProTrainings Europe Ltd

ProTrainings Approved Centre 1000

Training Contact No. 01206805359

ProTrainings - An Industry Body for First Aid Training

